

FYF Winter Invitational

Saturday/Sunday, Jan. 9-10, 2010
Waterford Mott High School
1151 Scott Lake Road, Waterford, MI 48328

POSITIVE CHECK-IN

All swimmers must be checked in ½ hour after warm-up starts.

SESSION, TIMES, AGE GROUPS:

Note: Due to the limited availability of our MYM coaching staff for this swim meet, we are accepting team entries for the PM sessions only (swimmers 13 & Older).

Saturday/Sunday PM --Warm-up 12:00 pm, start 1:00 pm
13-14 Boys and Girls
15-18 Boys and Girls
OPEN events also available

Fees: \$ 4.00 per event

Swimmer may enter a maximum of 4 individual events per day.

Relay Fees: The team will be paying relay fees.

Relay participants: Selection process is at the discretion of the coach(es).

- Circle the appropriate individual event number(s) on the attached form.
- Any questions about the event(s), please speak with a coach for help.
- Return entry form/fees to a board member on or before: **Dec 18, 2009**
- Please staple your check to the entry form so nothing is lost.
- If paying by cash, place cash in an envelope and staple it to the form.
- If entering more than one invitational, make separate check for each.
- One form per swimmer !!!
- Any questions please call or email Brigid Hranchook - 465-5311, matthewhranchook@att.net

SEE ATTACHMENT FOR THE LISTING OF EVENTS

Name _____ Age on 12-01-09 _____

Phone# _____

**Flint YMCA Falcons
2010 Winter Invitational Swim Meet
January 9-10, 2010**

**Note: Please remember NOT to sign up for relay events, or include them as part of your entry fees. The team pays for relays events, and the selection of relay participants is at the discretion of our coaching staff.

Saturday P.M. Session

Girls	Event	Boys
	**OPEN 200 yd Medley Relay	
45	13-14 200 yd Freestyle	46
47	15-18 200 yd Freestyle	48
49	13-14 100 yd Butterfly	50
51	15-18 100 yd Butterfly	52
53	13-14 50 yd Freestyle	54
55	15-18 50 yd Freestyle	56
57	Open 200 yd Backstroke	58
59	13-14 100 yd Breaststroke	60
61	15-18 100 yd Breaststroke	62
63	Open 400 yd Individual Medley	64

Sunday P.M. Session

Girls	Event	Boys
	**OPEN 200 yd Freestyle Relay	
109	13-14 200 yd Individual Medley	110
111	15-18 200 yd Individual Medley	112
113	13-14 100 yd Backstroke	114
115	15-18 100 yd Backstroke	116
117	Open 200 yd Butterfly	118
119	13-14 100 yd Freestyle	120
121	15-18 100 yd Freestyle	122
123	Open 200 yd Breaststroke	124
125	Open 1000 yd Freestyle	126