



January 2007



The swimmer who says "It can't be done" is passed by the swimmer who is doing it.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 NO SWIM PRATICE HAPPY NEW YEAR!	2 <u>SEE Holiday Schedule</u>	3	4 Jr @ LCN 6:00 – 7:30 Sr @ LCN 6:00 – 8:00	5 Jr @ LCN 5:00 – 6:30 No Sophomore practice	6
7	8	9 JR/Sr practice @ CVHS	10	11	12	13 MYM Invitational @ LCN
14 MYM Invitational @ LCN	15	16	17	18 NO PRACTICE AT CVHS	19	20 NOW Invitational CANCELLED
21 NOW Invitational CANCELLED	22	23	24	25	26 NO Practice at LCN	27 Blue Water Dual @ LCN
28	29	30	31			

(UNEXPECTED CANCELLATIONS MAY OCCUR)

<u>Freshman</u>	Monday	6:30 – 7:30	YMCA
	Wednesday	6:30 – 7:30	YMCA
	Thursday	6:30 – 7:30	YMCA
	Sunday	6:00 – 7:00	YMCA
<u>Sophomore</u>	Monday	6:00 – 7:15	Mt. Clemens H.S.
	Wednesday	6:00 – 7:15	Mt. Clemens H.S.
	Friday	6:00 – 7:30	CVHS
	Sunday	6:00 – 7:00	YMCA
<u>Junior</u>	Monday	7:15 – 8:45	Mt. Clemens H.S.
	Tuesday	6:00 – 7:30	Dakota (or CVHS – see above)
	Wednesday	7:15 – 8:45	Mt. Clemens H.S.
	Thursday	6:00 – 7:30	CVHS
	Friday	6:00 – 8:00	CVHS
	Sunday	7:00 – 9:00	YMCA
<u>Senior</u>	Monday	5:00 – 7:30	LCN
	Tuesday	6:00 – 8:00	Dakota (or CVHS – see above)
	Wednesday	5:00 – 7:30	LCN
	Thursday	6:00 – 8:00	CVHS
	Friday	5:00 – 7:30	LCN
	Sunday	7:00 – 9:00	YMCA