



February 2009



Swim each practice as if it was the most important practice of the year

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5 Jr/Sr @ LCN Jr: 6:00 – 7:30 Sr: 6:00 – 8:00	6	7
8	9	10	11	12	13	14 "A" Cluster - away
15 "A" Cluster - away	16	17 Jr/Sr @ Mt. Clemens Jr: 5:30 – 7:00 Sr: 7:00 – 9:00	18	19 Jr/Sr @ LCN Jr: 6:00 – 7:30 Sr: 6:00 – 8:00	20 So/Jr @ Mt. Clemens So: 5:30 – 7:00 Jr: 7:00 – 8:45	21
22 8 & Under State – Grand Rapids	23	24 Due to other activity at Dakota on this date, please use <u>MAIN</u> back entrance	25	26	27 So/Jr/Sr @ Mt. Clemens So: 5:30 – 7:00 Jr/Sr: 7:00 – 8:45	28 9 & Over State – Away Texas Hold-Em 2/28 – 3/3

(UNEXPECTED CANCELLATIONS MAY OCCUR)

<u>Freshman</u>	Monday	6:45 – 7:45	YMCA
	Wednesday	6:45 – 7:45	YMCA
	Thursday	6:45 – 7:45	YMCA
	Sunday	6:00 – 7:00	YMCA
<u>Sophomore</u>	Monday	6:00 – 7:15	Mt. Clemens H.S.
	Wednesday	6:00 – 7:15	Mt. Clemens H.S.
	Friday	6:00 – 7:30	CVHS
	Sunday	6:00 – 7:00	YMCA
<u>Junior</u>	Monday	7:15 – 8:45	Mt. Clemens H.S.
	Tuesday	6:00 – 7:30	Dakota
	Wednesday	7:15 – 8:45	Mt. Clemens H.S.
	Thursday	6:00 – 7:30	CVHS
	Friday	6:00 – 8:00	CVHS
	Sunday	7:00 – 9:00	YMCA
<u>Senior</u>	Monday	5:00 – 7:30	LCN
	Tuesday	6:00 – 8:00	Dakota
	Wednesday	5:00 – 7:30	LCN
	Thursday	6:00 – 8:00	CVHS
	Friday	5:00 – 7:30	LCN
	Sunday	7:00 – 9:00	YMCA