

2016 National YMCA Short Course Swimming Championships
Meet Qualifying Time Standards
April 4-8, 2016

* = change

WOMEN			EVENT	MEN		
50 Meter Course	25 Meter Course	25 Yard Course		25 Yard Course	25 Meter Course	50 Meter Course
:27.95	:27.40	:24.69	50 Free	:22.09	:24.51	:25.01
1:00.67	:59.48	:53.59	100 Free	:48.19	:53.49	:54.56
2:11.32	2:08.74	1:55.99	200 Free	1:45.39	1:56.98	1:59.32
4:34.61	4:29.22	5:07.69	500 Free	4:45.49	4:09.80	4:14.79
9:20.48	9:09.49	10:27.99	1000Y/800M Free	9:48.29	8:34.75	8:45.04
17:50.82	17:29.83	17:32.99	1650Y/1500M Free	16:27.29	16:24.32	16:44.01
1:07.35	1:06.03	:59.49	100 Back	:54.29	1:00.26	1:01.46
2:24.91	2:22.06	2:07.99	200 Back	1:56.99	2:09.85	2:12.45
1:17.20	1:15.69	1:08.19 *	100 Breast	1:01.09	1:07.80	1:09.16
2:47.55	2:44.26	2:27.99	200 Breast	2:13.39	2:28.06	2:31.02
1:06.90	1:05.58	:59.09	100 Fly	:53.19 *	:59.04	1:00.22
2:28.87	2:25.95	2:11.49 *	200 Fly	1:58.99	2:12.07	2:14.72
2:27.85	2:24.95	2:10.59 *	200 IM	1:58.89 *	2:11.96	2:14.60
5:13.94	5:07.79	4:37.29	400 IM	4:14.99 *	4:43.03	4:48.69
1:52.86	1:50.65	1:39.69 *	200 Fr Rel	1:29.49	1:39.33	1:41.32
4:04.09	3:59.30	3:35.59	400 Fr Rel	3:13.89	3:35.21	3:39.52
8:50.99	8:40.57	7:48.99	800 Fr Rel	7:09.99	7:57.28	8:06.83
2:05.66	2:03.19	1:50.99 *	200 Med Rel	1:39.99	1:50.98	1:53.20
4:32.16	4:26.83	4:00.39 *	400 Med Rel	3:37.19	4:01.08	4:05.90

Final 4/2/15

Qualifying Period for the Short Course YMCA National Championship Meet:
is March 1 of the previous season to the entry date for the meet

!!!!NEW!!!!

We have adopted the Hy-Tek conversion factors

Y to SCM = 1.11
400/500 800/1000 = .875
1650/1500 = .997
Long Course = 1.02 * SCM